



Screening, Brief Intervention & Referral to Treatment

TRAINING OPPORTUNITY

Screening, Brief Intervention, and Referral to Treatment (**SBIRT**) is an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.

July 11, 2017 8:30-12:30

SBIRT 101 and Introduction to Motivational Interviewing: Intro to SBIRT Principles (1 hour) Overview of Screening, Brief Intervention, and Referral to Treatment (SBIRT) goals and approaches to substance use services. It explains the current approach to substances services and outlines changes to the model achieved through applying a public health approach.

Motivational Interviewing: Skills to Help Families Change Behavior (3 hours) Provides participants with an overview of Motivational Interviewing, an evidence based communication style that encourages behavior change. This training will briefly discuss the use of Motivational Interviewing in healthcare and more specifically the use of Motivational Interviewing in Screening, Brief Intervention, and Referral to Treatment. After training, participants will recognize the components of the spirit of MI and utilize MI skills, such as open questions, affirmations, reflections and summaries. Participants will gain an understanding of “change talk” and the role it plays in changing behaviors.

August 2, 2017 8:30-11:30

Brief Intervention: The Brief Negotiated Interview Model (4 hours) Brief Interventions are a critical piece in the Screening, Brief Intervention, and Referral to Treatment process. This training introduces participants to the evidence based model of Brief Intervention, the Brief Negotiated Interview. Participants will learn the structure, techniques and effects of a Brief Negotiated interview and the appropriate times and patients to conduct them with as they implement SBIRT in their clinical locations.

October 17, 2017 1:00-4:00

Motivational Interviewing II Conversations that Initiate Behavior Change (3 hours) This session is a more advanced SBIRT MI training that builds on the foundational skills previously learned. The training focuses on ambivalence and the role it plays in changing behaviors to enhance patient interactions. Participants will further develop skills for the use of a decisional balance and strategies for handling discord. It is recommended that participants complete MI: Skills to Help Families Change Behavior prior to this training.

*To register call Kim Martin, 740.474.7529 ext 10416 or email your name and contact information to pickaway.fcfc@pickawayesc.org

*CEUs may be available



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